

SELF-ASSESSMENT CHECKLIST

Think about the knowledge and skills described below. Try to be as honest as possible and tick the boxes to show what you are good at.

You may find it helpful to get others' views on your particular strengths and weaknesses before completing the checklist.

		brilliant	good	OK	poor
INDEPENDENT ENQUIRY					
A	Knowing why you need to find things out				
B	Planning how to find things				
C	Deciding which information is most useful				
D	Considering the views and opinions of others				
E	Communicating what you have found to others				
CREATIVE THINKING					
A	Having lots of ideas of how to do things				
B	Testing ideas by questioning yourself and others				
C	Trying different ways to tackle problems				
D	Working with other people to try out new ideas				
E	Adapting your ideas as situations change				
REFLECTIVE LEARNING					
A	Knowing what you are good at and not so good at				
B	Setting goals and targets for your learning				
C	Monitoring your learning and making changes if needed				
D	Making good use of suggestions from others				
E	Deciding how your learning can help you progress in the future				
F	Communicating your learning to others				

		brilliant	good	OK	poor
TEAM WORKING					
A	Feeling confident when working with others				
B	Agreeing with others what needs to be done				
C	Taking responsibility for your own tasks within a team				
D	Adapting to different situations when working with others				
E	Showing fairness and consideration to others				
F	Offering support and feedback to others in the team				
EFFECTIVE PARTICIPATION					
A	Thinking about and discussing things that affect you and others				
B	Taking action and trying to bring about change to improve your school, college, workplace or wider community				
C	Persuading other people that action is needed				
D	Making suggestions about how to improve things for others as well as yourself				
E	Supporting other people's opinions even if they are different from your own				
SELF-MANAGEMENT					
A	Taking on things you haven't done before				
B	Showing initiative and taking on responsibility				
C	Organising yourself and your time and equipment				
D	Dealing positively with change				
E	Sticking with tasks and keeping going in difficult situations				
F	Managing your time				

You may have ticked mostly 'Good' or 'Brilliant', in which case well done...

You may have ticked mostly 'OK' or 'Poor', in which case, you can only get better

You may be very strong in some areas, but inexperienced in others...

Whatever your results, you should keep them in mind as you work through the activities that will help you practise and develop your PLTS.